

# Online Training

## Quick Reference Guide



Educating and building awareness on SPD is our passion. Delivering training online means that wherever you are in the world you have can access our training and learn at your own convenience.

A variety of courses and mini courses are available. Many are suitable for anyone with an interest in learning more about SPD, however some are specifically targeted towards particular settings.

### Courses

#### What is SPD?



An introduction into what SPD is, it's sub-types and how we might recognise sensory needs.

#### Understanding Our 8 Senses



A good grounding in the senses and SPD on which to build.

#### Creating a Sensory Map



This provides museum, gallery and heritage site staff all they need to support visitors with SEND.

#### Becoming a Sensory Detective



Building your confidence in understanding and recognising characteristics of SPD in children and adults. Includes FREE content from 'Understanding Our 8 Senses'.

#### It's All on the Inside



Giving a deeper understanding of the internal senses, why these are important for our ability to regulate and respond to our emotions, and what this can mean for children and adults with SPD.

#### Where to Begin Supporting Students with SPD



Inset day training to teach staff the skills to accurately recognise behaviours relating to sensory processing difficulties.

#### Classroom Sensory Profiles



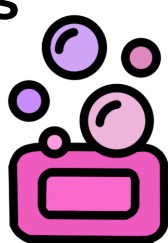
Assessing and responding to sensory difficulties in the classroom, including strategies and learning styles to suit students differing needs.

### Mini Courses

Several of our courses are available individually as as part of our 'Daily Living' bundle.

#### Care & Personal Hygiene Difficulties

The sensory aspects of why some people with SPD may experience difficulties relating to personal care and hygiene.



#### Sleeping Difficulties

The sensory aspects of why some people with SPD may find it difficult to get to sleep, get into a bedtime routine or rest.



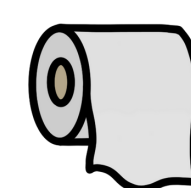
#### Eating & Food Difficulties

The sensory aspects of why some people with SPD may find mealtimes and eating difficult.



#### Toileting Difficulties

The sensory aspects of why some people with SPD may find it difficult to toilet train.



For prices and instructions on how to enrol on any of these courses visit our website.



Supporting people with SPD

Training | Insights | Resources

[www.sensorspectacle.co.uk/online-training](http://www.sensorspectacle.co.uk/online-training)