

Sensory Profile

Documenting sensory needs and changes over time

A sensory profile needs to be updated regularly. Everyone's sensory processing changes over time, so it's important these changes are recognised when supporting someone with SPD.

Sensory Profile	Name	Date of Birth
Type of student	Learning Style e.g. Kinaesthetic, Visual	

Sensations I enjoy & look for

Sensations I struggle with or avoid

Current over-riding sensory needs

Date

You can support me by

(list specific environments, activities to help calm / alert, communication methods)



Supporting people with SPD

Training | Insights | Resources

www.sensorspectacle.co.uk/online-training