

Our Services



We are passionate about raising awareness and educating about Sensory Processing Disorder. Through immersive learning combined with theoretical knowledge, we provide a deeper level of understanding and support.

Online Training



Workshops



Immersive Learning



Resources



Education

- These run **workshops** across the UK and further afield
- We deliver **online training** worldwide
- We include **immersive experiences** in our workshops and training and take our installations around the country to events and exhibitions
- We travel far and wide to raise awareness and share our knowledge at **conferences**, **exhibitions** and other **events**



Community

- We have built an online **community** of people with an interest in and / or with a variety of sensory processing difficulties
- We have a team of sensory specialists who provide their **personal insights** to help inform our research and training and make it more impactful

Support

- We support people with SPD and those in their lives by supplying a wealth of **resources** including videos, downloads, podcasts, books, sensory support items, insights and much more
- We share news and insights through our social media channels, website and **newsletter**



The experiential side makes the theory easier to understand



Online Training



We want to ensure that everyone has the opportunity to understand and support people with SPD better, so we offer online courses so that wherever you are in the world, you can learn at your own convenience.

We have a variety of courses available and add new ones regularly. Many are suitable for anyone with an interest in SPD, however some are targeted towards particular settings. Visit our website to learn more.

Supporting people with SPD

Training | Insights | Resources

www.sensorspectacle.co.uk

Workshops



We offer 3 workshops: **FEEL IT**, **DO IT** and **KNOW IT** which include some of our immersive learning experiences. They are suitable for anyone who wants to understand more about SPD, including parents / family members, education professionals, carers, therapists and family support workers.

Open Workshops

These workshops take place regularly throughout the year in various places across the UK. For upcoming dates, please refer to our website.

In-House Workshops

If you have a group of 15 people, you may prefer to arrange an in-house workshop for your setting. This offers the opportunity to tailor the workshop to meet your needs.

Bespoke Workshops

SPD can be highly complex and individual. Workshops can therefore be arranged on a wide range of topics. Visit our website for further information.

Immersive Learning



Our immersive learning installations provide a unique opportunity for everyone to learn what it feels like to experience sensory processing difficulties. They are a great way to create build awareness and really get everyone thinking and talking about SPD. All of our installations and experiences are created using insights shared by people living with SPD.



The Sensory Classroom

This immersive learning training offers the opportunity to understand what it feels like to experience sensory processing difficulties in a classroom environment.

The Sensory Dining Room

This immersive learning training provides you with the opportunity to experience how sensory processing difficulties might impact mealtimes, particularly in a busy setting.

Sensory Installations

We have a range of installations which we take to exhibitions and training to provide people with an authentic experience of various sensory processing difficulties

“

I thought this was brilliant!

Experiential learning is always best. Although we know the theory and science, and see the children's reactions, there is nothing so confirming as experiencing for ourselves tastes and textures that are unappetising or even repugnant.

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Resources

We have hundreds of **FREE** resources for you, including videos, downloads, podcasts and much more. We also have books and sensory support items available to purchase at our online shop.

Videos



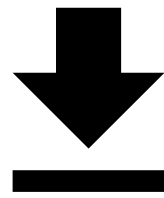
We have hundreds of videos on our YouTube channel to help build your understanding and give you the tools you need to support adults and children with SPD.

Podcast



Join Becky for our 'Living a Sensory Life' podcast as she chats to other professionals about SPD, as well as insights from adults and children with SPD themselves.

Useful Downloads



We have a variety of information sheets for you to print off or download, all to help build your understanding of SPD and the services we offer.

Shop



We have a variety of books and sensory items available to purchase online.

Also, look out for our sensory subscription coming soon!

For all of our resources visit our website, where you can also sign up to our newsletter and find links to our social media channels.



Follow us and help us to spread the word



Living a Sensory Life Podcast



Becky Lyddon Founder & Trainer

Becky has a wealth of experience working with adults and children with complex health needs and disabilities. She qualified as a Makaton tutor and has won awards for her immersive installations focussing on the sensory world.



Becky has produced hundreds of videos, resources and training and travels far and wide raising awareness and educating on SPD.



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