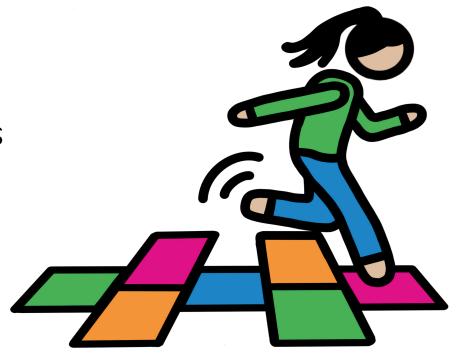
P.E for People with Sensory Needs

Online Training

This **NEW** course focusses on how we can plan and provide interactive and fun Physical Education sessions for people with sensory needs.

Overview:

- This training takes approximately 4 hours
- It is aimed at education & care professionals as well as support staff
- On completion you will be awarded with a certificate



You will learn:

The importance of sensory processing for learning

This course will teach you what Sensory Processing Disorder is and how to important it is to understand individual needs before starting a P.E session.

How physical activities can be helpful throughout the day

We know that providing regulating activities throughout the day will support a student in all aspects of their learning, not just during P.E lessons.

How to motivate students

We will explore how to encourage your students to take part in activities by considering their specific needs, interests and motivations.

How to plan your P.E class

We will explore how you could consider planning your P.E sessions to meet the needs of all students.

A range of activities to meet different physical needs.

We include a range of activities which you could consider and a break down of the sensory aspects relating to them. This breakdown helps you to consider the sensory support the activity can provide for your students.

